

# Empire Swimming & NY Sharks Winter Invitational January 12-13, 2008

**Sanction** The meet is sanctioned under USA Swimming and Metropolitan Swimming Inc.

## **Sanction 080105**

**Hosted by New York Sharks & Empire Swimming**

**Location:** *Felix Festa Middle School Clarkstown, NY  
30 Parrott Road, West Nyack, NY 10994*

**Warm-ups:** Metro warm –up procedures will be in effect for this meet. Pool will be used for general warm-ups with feet first entry only. The back pool will be open for warm up / cool down.

Meet marshals will be on deck to enforce warm-up procedures.

**Facility:** 8 lane 25-yard pool with non-turbulent lane dividers. Daktronics timing system with 8 lane Daktronics timing scoreboard will be used. Hy-Tek meet manager computer will be used to run the meet.

**Format:** All events are time finals.

**Entries:** Entries are on a first come first served basis.

**Metro rules require entries for all meets be on Hy-Tek.**

**Entry limit: Swimmers will be limited to 4 events per session.**

**!! Empire / NY Sharks reserve the right to limit entries in the following events to maintain the 4 hour session limit (entries will be cut by time if necessary)**

**9-10 200 free, 11-12 200 free, 13-14 200 free, open 200 free**

**Entry Fees:** \$3.00 per event

Entry fee payment must accompany entries. **Make checks payable to Empire Boosters, Inc.**

**Mail Entries:** Please include e-mail address!

Ilan Noach

45 Montross St.

White Plains, NY 10603

**Email Entries:** coach@empireswimming.com

Entries MUST be sent on Hy-tek disk or Hy-Tek entry file. Please include a printout. Include phone #, Email address and name of contact. Entry Files may be e-mailed; however payment must be received by entry deadline for entries to be recognized.

**Swimmers with disabilities are encouraged to attend. Contact the meet director if you need special consideration.**

**Admission: \$5.00 per person and Programs \$3.00 per person**

**Parking:** Free parking on campus.

**Spectators:** Only swimmers, coaches and officials will be allowed on deck. Everyone else must remain in the spectator area.

REGULATIONS PROHIBIT SMOKING IN ANY BUILDING at *Felix Festa Middle School* AND WITHIN 50 FEET OF ANY ENTRANCEWAYS.

NO FOOD IS ALLOWED ON DECK. LIQUID REFRESHMENTS MAY BE CONSUMED FROM PLASTIC BOTTLES. NO GLASS OR JUICE BOXES ARE ALLOWED

**Concessions:** the meet host will serve food and beverages.

**Insurance:** All swimmers must be currently registered with USA swimming.

**Unregistered or Improperly registered entries will be scratched as per metro rules. It will be the responsibility of the athlete's coach to correct registration issues)**

**Rules:** Current USA Swimming rules will govern this meet.

**The USA Swimming Code of Conduct is in effect for the duration of the meet.**

**Age:** Age group will be determined by the swimmer's age as of the first day of the meet.

**Awards:** Medals 1<sup>st</sup>-3<sup>rd</sup> place and ribbons 4<sup>th</sup>-8<sup>th</sup> places in all 12 & under age groups. Awards will be given only to a coach or team representative at the end of each session.

All awards for each team must be picked up.

No awards will be mailed, except in case of computer failure.

# EMPIRE - NEW YORK SHARKS

4 events per sesion

Saturday Jan 12

Warm-up 7:30 AM Start 8:30 AM

Girls	Event	Boys
1	9-10 50 free	2
3	13-14 100 free	4
5	9-10 100 im	6
7	13-14 200 im	8
9	9-10 50 bk	10
11	13-14 200 bk	12
13	9-10 50 fly	14
15	13-14 100 fly	16
17	9-10 100 brst	18
19	13-14 200 brst	20
21	9-10 200 fr !!	22

Warm-up 1:00 PM Start 1:45 PM

8&Under

Girls	Event	Boys
23	8u 50 free	24
25	8u 50 bk	26
27	8u 50 fly	28
29	8u 50 brst	30
31	8u 100 im	32

Warm-up 4:00 PM Start 5:00 PM

Girls	Event	Boys
33	11-12 50 free	34
35	Open 50 free	36
37	11-12 100 im	38
39	Open 200 im	40
41	11-12 50 bk	42
43	Open 200 bk	44
45	11-12 50 fly	46
47	Open 200 fly	48
49	11-12 50 brst	50
51	Open 200 brst	52
53	11-12 200 free !!	54

# EMPIRE - New York Sharks

Sunday January 13

Warm-up 7:30 AM Start 8:30 AM

Girls	Event	Boys
55	13-14 50 free	56
57	10u 100 free	58
59	13-14 100 bk	60
61	10u 100 bk	62
63	13-14 200 fly	64
65	10u 100 fly	66
67	13-14 100 brst	68
69	10u 50 brst	70
71	9-10 200 im	72
73	13-14 200 free !!	74

Warm-up 1:00 PM Start 2:00 PM

Girls	Event	Boys
75	11-12 200 im	76
77	Open 100 free	78
79	11-12 100 free	80
81	Open 100 bk	82
83	11-12 100 bk	84
85	Open 100 fly	86
87	11-12 100 fly	88
89	Open 100 brst	90
91	11-12 100 brst	92
93	Open 200 free !!	94